



Title : Knowledge, Attitude and Practices of Tribal Mothers regarding Breastfeeding and Weaning in Amravati District of Maharashtra

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Melghat is area which famous for malnutrition and mortality not in Maharashtra but also all over India. Melghat is situated in satpuda ranges in Amravati district. The population of this block is rural and tribal and it mainly consists of korkus. Poor nutritional status of young infant found in Melghat. And there is multiple factor directly or indirectly influencing it. This paper is an attempt to explore relation between under nutrition and knowledge attitude and practices of mother of young infant regarding breastfeeding and weaning practices in tribal community of chikhaldara block Melghat. For this purpose a cross sectional sample of 188 mothers (of infants 6 months to 2 years) study in chikhaldara block.

It is observe that the infant feeding practices are poor in this block which leads to increase prevalence of under nutrition in this block. Conclusion:- Significant high prevalence of under nutrition is found in young infant of tribal community chikhaldara block of Melghat. Which is indicated that, educating mothers and other caretaker in the family regarding infant feeding practices like early initiation of breastfeeding, exclusive breastfeeding, and timely, appropriate weaning feeding practices. Strengthening public destitution system, kitchen gardening, nutrition farming is also help for improvement in young infant feeding practices.